✓ Cold Virus Supplies - Checklist

Tissues
Cough medicine
Cough drops or hard candy
Fever reducer (ibuprofen or Acetaminophen)
Humidifier
Hand sanitizer (to prevent spreading to other household members
Disinfecting wipes (to clean door handles, counters, and surfaces)
Popsicles
Juices, water, Gatorade
Pedialyte drink and pedialyte popsicles
Chicken noodle soup
Herbal tea
Vitamin C