Summer Meal Ideas

Main Dish	Vegetables	Sides	Desserts
Beef / Pork / Turkey: • Beef Kabobs • Flank Steak	Garden Salad • Lettuce • Tomato	Baked Beans Bow Tie Pasta Salad	Blueberry Pie Brownies
HamburgersHot DogsSausages	CucumbersRadishesCarrots	Coleslaw	Peach Cobbler
SausagesSteakTurkey Burgers	Carrots	Gazpacho Macaroni Salad	Raspberries and Vanilla Ice Cream
• Veggie Burgers Chicken:	Asparagus	Potato (mashed, baked)	Smores • Graham Crackers
Grilled ChickenChicken and	Broccoli Cauliflower	Potato Salad	MarshmallowsChocolate
vegetable kabobs • BBQ Chicken	Corn on the Cob	Rice	Soft Serve Ice Cream
Fish: • Cajun Shrimp	Snow peas	Stuffed Tomatoes Three Bean Salad	Strawberry Shortcake Watermelon Wedges
Grilled SalmonLobsterLobster Roll	Zucchini and Yellow Squash		
Lobster RollShrimp CocktailShrimp KabobsScallops			
Sandwiches and Pasta:			
Pasta with PestoTuna Wrap			

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