

# Beach Checklist

## Things to do the day before:

Go grocery shopping	Fill car with gas
Get cash for parking and food	Make ice cubes

## Clothing / Sun Protection

Bathing Suit	Additional items:
Cover-up or t-shirt	
Towel	
Flip flops	
Water shoes (if rocky beach)	
Sun Tan Lotion	
Sunglasses	
Hat	
Change of clothes	

## Entertainment

Reading material (books, magazines)	
Music device (radio, ipod)	
Pail and toys	
Floats, balls, tubes (if allowed)	

## Food

Cooler	
ice pack	
fruit	
water	
juice	
sandwich	
snacks	

## Additional Beach Supplies:

Beach cart	
Chair	
Umbrella	

Notes: